



Xin Qi Shen Happy New Year 2018



©2018 A.T. Dale
www.wuji.us.com

A BIG THANK YOU FOR YOUR FRIENDSHIP AND SUPPORT THIS LAST YEAR. LET'S MAKE 2018 BRING US GREATER PROSPERITY, HEALTH, HAPPINESS, & HOPEFULLY SANITY.

MOVING TO THE SKAGIT VALLEY HAS BEEN GREAT. (IT'S NOT NORWAY BUT CLOSE ENOUGH) THERE IS LESS TRAFFIC, SLOWER PACE, CLEAR OPEN SKIES, LARGE FIELDS, AND HILLTOPS COVERED IN SNOW THIS TIME OF YEAR.

UN-OFFICIALLY I'M *RETIRED*. CLASS SESSIONS WILL CONTINUE AS USUAL BUT I'M REALLY NOT PURSUING STARTING A 'CLUB' UP HERE. I'M TEACHING BAGUA AT KALAHİ MARTIAL ARTS ACADEMY AS LONG AS THERE'S ENOUGH STUDENTS TO PAY THE RENT. SPRING AND SUMMER I'LL BE DOING TAIJI SESSIONS IN THE PARK. THE SEATTLE GROUP WILL ALSO CONTINUE ON SUNDAYS AS

LONG AS THERE IS INTEREST.

I'LL STILL BE DOING WORKSHOPS WHEN TIME, INTEREST, AND WORK PERMITS. MY INTEREST IS STILL IN SHARING THE



TEACHINGS OF MY TEACHERS, MY INSIGHT, AND PASSING ON THE TRADITIONAL ARTS TO THOSE INTERESTED IN DEDICATING THEMSELVES TO TRAINING. IN GENERAL I'LL BE TEACHING THESE CLASSES LIKE SANSHOU, WEAPONS, ETC.

BANDON WILL NOT HAPPEN THIS YEAR DUE TO FINANCES AND MY WORK SCHEDULE. INSTEAD IT WILL BE EVERY-OTHER YEAR. I'M PLANNING ON A SMALLER EVENT UP IN THE SKAGIT VALLEY THIS SUMMER. I BELIEVE IT'S IMPORTANT TO BE EXPOSED TO OTHER TEACHERS AND THERE ARE SEVERAL HIGH QUALITY TEACHERS AROUND THE NW.

I'LL STILL BE AVAILABLE TO CLUB MEMBERS WHEN NEEDED. SEATTLE HAS SEVERAL OF MY SUCCESSORS WHO ARE ALL EXCELLENT (AS YOU KNOW): DON, JOEL, TOM, BURK, JIM. *I KNOW THEY'RE NOT ME BUT EVERYONE CAN'T BE NORWEGIAN!*

PLEASE LET ME KNOW IF YOU CAN'T ATTEND A CLASS OR WILL BE TAKING TIME OFF. IT'S A 120 MILE DRIVE ON SUNDAYS FOR ME. IN BURLINGTON IT MIGHT GIVE ME TIME FOR YARD WORK.

I'M VERY PROUD OF OUR SYMMETRICAL WEAPON FORMS AND

SANSHOU. I FIND MYSELF UNABLE TO PRACTICE THE SINGLE SIDED FORMS WITHOUT FEELING OFF BALANCED. I ASK FOR THOSE WHO KNOW THEM TO SHARE AND KEEP THEM GOING. I DO LOOK FORWARD TO HAVING SOME WORKSHOPS AND INTENSIVES ON TRAINING THE VARIOUS ARTS. A FULL DAY OF YANG/CHEN/SUN OR BAGUA. MAYBE EVEN XING YI.



I FOUND A 'REAL' JOB WITH AWESOME PEOPLE AT ACE IN ANACORTES (LOCALLY OWNED). WHAT I THOUGHT WAS A SEASONAL/PART-TIME JOB HAS TURNED INTO A GOOD, LONGTIME COMMITMENT. I'M LEARNING TONS, IT'S LIKE GOING BACK TO SCHOOL. A SCREWDRIVER ISN'T NECESSARILY A DRINK OR A MONKEY WRENCH DOESN'T HAVE ANYTHING TO DO WITH MONKEYS. THEY'VE GIVEN ME COURSES IN LIGHTING, PLUMBING, PIPES, AND MORE. THE GOAL OF THE OWNER IS TO HAVE ALL EMPLOYEES CROSS TRAINED WHICH IS AWESOME.

Cheers, Andy

BURLINGTON
Kalahi Martial Arts Academy
Bagua Zhang
Tues 10:15-11:30 am
Sat 8:30-9:30 am

*Give yourself a holiday gift!
Put effort into your passion. Let your creative interests blossom.
'Oh, I wish I had time for ?
Well then, put aside a day, 1/2 a day, or even an hour to nurture your spirit.*

SEATTLE Woodland Park
SUNDAY: Sanshou 9-10 am
Chen Taiji 10-11
MONDAY Sun Taiji 9-10 am
Roushou 10-11
WEDNESDAY Yang Taiji 10-11 am